



rishihood  
university

PRESENTS

# INDIC SUMMMER SCHOOL <sup>20</sup><sub>23</sub>

A PEEK INTO 5<sup>th</sup> EDITION

4<sup>th</sup> - 10<sup>th</sup> June



## About Indic Summer School (ISS) 2023

Step into the world of Indic Summer School (ISS), a captivating residential learning experience crafted for young students aged 14 to 17. Beyond the confines of classrooms and the comfort of home, ISS 2023 took 50 learners on a 7-day odyssey that transcended usual learning.

Through thought-provoking activities, engaging workshops, and insightful expert interactions, delegates embarked on a quest to explore the intricate relationship between mind, body, and soul. Creativity was channelized, cultural connections were deepened, and leadership abilities were honed, all through a carefully curated curriculum to propel young minds toward becoming globally conscious citizens.

# 50

Delegates



# 09

States



# 20

Cities



# 29

Schools





Through these seven days, we nurtured



Curiosity



Creativity



Joy



# Major themes of ISS 2023

## LEADERSHIP+

*To lead self and nation  
with confidence*



## YOGI+

*To become self aware  
and gain clarity*



## EXPONENTIAL+

*To build global  
perspectives*



## CREATIVE+

*To bring innovation  
and problem  
solving*



## CULTURE+

*To instill  
appreciation of  
roots and grounding*





अग्निम् ईळे पुरोहितं यज्ञस्य देवम् ऋत्विजम् ।  
होतारं रत्नधातमम् ॥ १ ॥

*agnim īle purohitam yajñasya devam ṛtvijam .  
hotāram ratnadhātamam .. 1..*

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The above-mentioned mantra is the opening verse of Rigveda, attributed to Rishi Madhuchanda Vaishvamitra. The invocation of Agni as the deity signifies an auspicious start, symbolizing not just physical fire but also the force of consciousness, and divine willpower, which pushes forward, removes tamas and delivers the pulsating Life Force. Calling upon that life force, we initiated ISS 2023.







A day at **ISS 2023** was divided into different zones, dedicated to achieving their namesake through **workshops, activities, expert sessions, and discussions.**





## ENERGIZER

It is important to start the day right and so we began each day with an “Energizer” hour by introducing students to yoga, chanting, meditation and nature walks. The idea was to wake them up with some reflective practices to connect with themselves, gather their energy, and ground them before they begin their day.



Stretch It Out

*Rejuvenate with Yoga*



Cast Your Spell

*Raising Vibes with Mantra Chanting*



Meditation Masters

*Meditation and Pranayam*



Foot to Ground

*Grounding the Energy with Nature Walk*

## FOCUS HOUR

To channelize their energy, the day formally began with the “Focus Hour” where students dived deep into subjects that are set to take over the world in the coming decades including communication and negotiation skills, new age career paths, AI and future technology, sustainability and more.



**Negotiation for Young Leaders**

*Leadership Lessons from India*



**Vartalap**

*Candid Conversations*



**Global Grand Challenges**

*Building Global Perspective and Solving Problems*



**AI and Future**

*Metaskills and Emergence of Technology*





## You Grow, Bharata Grows

*Opportunities to Grow*



## Speak Up!

*Group Discussion and Public Speaking*



## SustainABILITY

*Building a Sustainable Personal Action Plan*



## Career Talks

*Explore New Age Careers*



## RELAX

AT ISS 2023, we know how important it is to rest and rejuvenate and so we introduced power naps in the schedule with “Yoga Nidra” which is a state of conscious relaxation.





## ACTIVITY ZONE

A key aspect of ISS 2023 is to make learning fun. We took the help of workshops and activities to help students learn various lessons and explore aspects of life through workshops and activities. Learners engaged in a summer carnival, treasure hunt, theater, and storytelling, learned to build a business, explored creative processes and Indian culture.



Creative Juice Junction

*Understanding  
Creative Processes*



Pitch Perfect

*Learn to Build a Business*



DIY

*Management Games*



Healthcare Essentials

*Learn from the Experts*



Coolture

*Exploring Indian Cultural Aspects*



## PHYSICALLY FIT

All work and no play makes Jack a dull boy they said, and we took it quite literally. Not only were our learners engaged mentally but physically too in the traditional games on the ground as well as in the sports facilities at the Rishihood Campus.



## EVENT TADKA

After a day full of energizing, learning, playing, and thinking, evenings were reserved for a full dose of entertainment, socializing, and happy memories with the “Event Tadka” zone. We turned our eyes to the big screen for a movie night, danced on Bhajans at the Sattvic Sandhya, played games and got to know each other during mixers, displayed our talents at the Talent Show, and got together for some Bonding activities reliving memories of the 7 days before we said our goodbyes.



Popcorn Tales

*Movie Night*



Sattvic Sandhya

*Bhajan Night*



Show It Off

*Talent Show*



Glued to the core

*Bonding Activities*



# On a Good Note Closing Ceremony



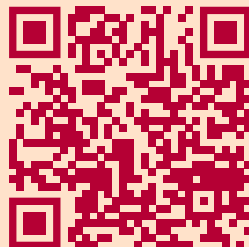
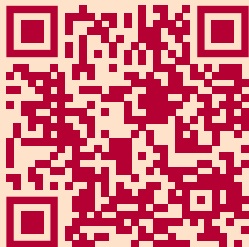
**And then we bid a final adieu**



# The Journey So Far

5 EDITIONS | 600+ DELEGATES | 120+ EXPERTS  
150+ LEARNING EXPERIENCES

ISS 2023  
HIGHLIGHT  
VIDEO



TRIPARNA'S  
TESTIMONIAL  
VIDEO



Here's what our  
learners had to say!



## TRIPARNA BORDOLOI | CLASS 12, ROYAL GLOBAL SCHOOL

*Reflecting upon my immersion into ISS 2023, one resounding word encapsulates the essence of my experience: "Dynamic." In the brief span of a mere seven days, I embarked on a journey of multifaceted exploration. The classroom sessions, or rather intellectual odysseys, transported me to depths of understanding I had never before ventured.*

## ADITI JAISWAL | CLASS 12, LA MARTINIÈRE FOR GIRLS

*ISS 23 stands out as an exceptionally enlightening experience. This immersive journey nurtured my independence, offering a multitude of opportunities for personal growth and self-discovery.*

*One of the remarkable facets of Rishihood University is its profound reverence for our cultural heritage, a trait that deeply resonated with me. The extensive array of activities and sessions on offer ensured that I remained invigorated and engaged throughout my stay. ISS 23 has left an indelible mark on my journey of self-discovery and learning, for which I am immensely thankful.*

## DAKSH SIHAG | CLASS 11, BHAVAN VIDYALAYA CHANDIGARH

*Each day presented a well-balanced schedule, comprising dedicated focus hours, moments of relaxation, engaging activities, sporting endeavors, and my personal favorite, the exhilarating evening events. Throughout this enriching experience, I absorbed a plethora of new knowledge, ranging from deep dives into the realms of AI and technology, acquiring the art of negotiation, and honing my skills in the art of group discussions.*

## About RishiEd

RishiEd provides interdisciplinary learning instead of focusing solely on the subjects taught inside classrooms, with the aim of keeping the joy of learning alive in learners. Building upon Rishihood's philosophy of combining Indian and Western education while nurturing the self, family, nation, and society, RishiEd caters to the curiosity of learning.



## Rishihood University

Rishihood is India's first and only Impact University. Our academic areas include creativity, entrepreneurship, education, healthcare, and public leadership. Rishihood's multi-disciplinary style ensures that we nurture a generation of leaders who can bring positive change in the world.







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